The Adolescent Health & Wellness Program promotes safe, supportive sexual and reproductive health education to reduce unplanned pregnancies and sexually transmitted infections among adolescents 12-19 years old through evidence-based education programs and community outreach. NVPCA works with Community Health Centers (CHCs) around the State of Nevada to provide capacity building assistance in integrating teen pregnancy prevention programs within patient-centered medical home models.

**PROGRAM GOALS:**

- reaching 2,000 adolescents over a five-year period, and
- increase access for adolescents to reproductive health services in youth-friendly clinic environments.

**NV 2016 Teen Birth Rate is 24.2%:**

Percent Change 2015-2016 -12%\(^2\)

<table>
<thead>
<tr>
<th>Ages 15-17</th>
<th>NV 9.8/1,000</th>
<th>U.S. 8.8/1,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages 18-19</td>
<td>NV 49.9/1,000</td>
<td>U.S. 37.5/1,000</td>
</tr>
</tbody>
</table>

**Nevada ranks 14 out of 51 states for highest teen birth rate (CDC, 2016)**\(^1\)

**OUR EVIDENCE-BASED PROGRAMS**

**Seventeen Days**

Nevada Health Centers Las Vegas, NV; Community Health Alliance Reno, NV & First Person Complete Care Las Vegas, NV

An interactive film (DVD or online) for girls ages 14-19 to view individually. Topics: decision-making, contraception and STI. Identifies choice points and suggests risk-reduction strategies.

**Families Talking Together (FTT)**

Northern NV HOPES Reno, NV

A parent-based intervention developed to delay sexual behavior in early adolescents (ages 10-14). Supports parent/child communication aimed to set boundaries, develop effective monitoring and supervision strategies and teach youth refusal skills. Delivered to groups by a trained facilitator.

**Safer Sex Intervention (SSI)**

Northern NV HOPES Reno, NV

Individualized skills-building intervention designed to increase condom use, reduce other risky sexual behaviors and prevent STIs and HIV among female adolescents, ages 13-23. Theory of change and social cognitive theory are used and incorporates activities such as role playing, modeling and discussions with a trained facilitator.

The NVPCA Adolescent Health & Wellness Program is supported by Grant Number: TP1AH000127-01-00 through a cooperative agreement from the U.S. Department of Health and Human Services., Office of Adolescent Health. The total program costs supported by Federal funds for this program is $571,587 per year over a four year period. The contents are solely the responsibility of the authors and do not necessarily represent the official views of the U.S. Department of Health and Human Services or the Office of Adolescent Health.
OUR IMPACT
In July 2017, OAH indicated funding for the national Teen Pregnancy Prevention Program would end June 30, 2018. August 2018 this was reverted and funding continues for year 4 and we believe for year 5. To date,
• implemented 4 different evidence-based curriculum,
• expanded to 11 clinic locations,
• trained 15 program facilitators,
• has provided >150 healthcare linkages for adolescents and families to primary care, behavioral health, and reproductive health services, and
• Year 4: reached 60+ Participants after 2 months.

Nevada CHC Adolescent Patients (ages 14-19) Trend Data CY2014 through CY2017

- 24.5% increase in female patients
- 33% increase in male patients
- 28.32% overall increase

HOPE:S had a 48.5% increase

PARTICIPANT DATA
♀ 98% of participants were female
🌍 68% were white and 18% black
💢 60% reported being Hispanic and 34% reported as Non-Hispanic

Adolescents served were mostly 15-16 years (26.5%), 11-12 years (23%), and 17-18 (13%)
All FITT participants were >19 years of age
Most adolescents are in 9-10th grade (32%), 11-12th grade (17%) and 7-8th grade (11%)

Nevada CHC TPP Participant Total Years 2 & 3

<table>
<thead>
<tr>
<th></th>
<th>Yr2 (12mon)</th>
<th>Yr3 (12mon)</th>
</tr>
</thead>
<tbody>
<tr>
<td>FPCC TTL</td>
<td>0</td>
<td>70</td>
</tr>
<tr>
<td>FPCC GOAL</td>
<td>0</td>
<td>100</td>
</tr>
<tr>
<td>CHA TTL</td>
<td>5</td>
<td>46</td>
</tr>
<tr>
<td>CHA GOAL</td>
<td>0</td>
<td>200</td>
</tr>
<tr>
<td>NN HOPES TTL</td>
<td>182</td>
<td>169</td>
</tr>
<tr>
<td>NN HOPES GOAL</td>
<td>150</td>
<td>200</td>
</tr>
<tr>
<td>NVHC TTL</td>
<td>147</td>
<td>194</td>
</tr>
<tr>
<td>NVHC GOAL</td>
<td>165</td>
<td>240</td>
</tr>
<tr>
<td>NVPCA TTL</td>
<td>334</td>
<td>479</td>
</tr>
<tr>
<td>NVPCA GOAL</td>
<td>500</td>
<td>500</td>
</tr>
</tbody>
</table>

Total: reached 813 youth and families,
➢ 334 participants year 2 (7.1.16-6.30.17)
➢ 479 participants year 3 (7.1.17-6.30.18)

Participants at 3-6 month follow up indicated that the most helpful information from Seventeen Days included:

“Showing me its okay to wait until you are ready.”

“The most helpful piece of information was why and how to use protection.”

Sources:

Contact Us: [www.nv pca.org](http://www.nv pca.org) | 775.887.0417
755 N. Roop St., Ste. 211 | Carson City, NV 89701