

Nevada Primary Care Association's Adolescent Health and Wellness Program

Update Report Years 1-3

Version 3, September 2018



ABOUT OUR PROGRAM

The Adolescent Health & Wellness Program promotes safe, supportive sexual and reproductive health education to reduce unplanned pregnancies and sexually transmitted infections among adolescents 12-19 years old through evidence-based education programs and community outreach. NVPCA works with Community Health Centers (CHCs) around the State of Nevada to provide capacity building assistance in integrating teen pregnancy prevention programs within patient-centered medical home models.

PROGRAM GOALS:

- reaching 2,000 adolescents over a five-year period, and
- increase access for adolescents to reproductive health services in youth-friendly clinic environments.

**NV 2016 Teen Birth Rate is 24.2‰;
Percent Change 2015-2016 -12‰²**



***Nevada ranks 14 out
of 51 states for
highest teen birth
rate (CDC, 2016)¹***

Ages 15-17
NV 9.8/1,000
U.S. 8.8/1,000

Ages 18-19
NV 49.9/1,000
U.S. 37.5/1,000

**NV Birth Rates are higher
than the national average¹**

OUR EVIDENCE-BASED PROGRAMS

Seventeen Days

Nevada Health Centers Las Vegas, NV; Community Health Alliance Reno, NV & First Person Complete Care Las Vegas, NV
An interactive film (DVD or online) for girls ages 14-19 to view individually. Topics: decision-making, contraception and STI. Identifies choice points and suggests risk-reduction strategies.

Families Talking Together (FTT)

Northern NV HOPES Reno, NV

A parent-based intervention developed to delay sexual behavior in early adolescents (ages 10-14). Supports parent/child communication aimed to set boundaries, develop effective monitoring and supervision strategies and teach youth refusal skills. Delivered to groups by a trained facilitator.

Safer Sex Intervention (SSI)

Northern NV HOPES Reno, NV

Individualized skills-building intervention designed to increase condom use, reduce other risky sexual behaviors and prevent STIs and HIV among female adolescents, ages 13-23. Theory of change and social cognitive theory are used and incorporates activities such as role playing, modeling and discussions with a trained facilitator.



OUR IMPACT

In July 2017, OAH indicated funding for the national Teen Pregnancy Prevention Program would end June 30, 2018. August 2018 this was reverted and funding continues for year 4 and we believe for year 5. To date,

- implemented 4 different evidence-based curriculum,
- expanded to 11 clinic locations,
- trained 15 program facilitators,
- has provided >150 healthcare linkages for adolescents and families to primary care, behavioral health, and reproductive health services, and
- Year 4: reached 60+ Participants after 2 months.

Participants at 3-6 month follow up indicated that the most helpful information from Seventeen Days included:

“Showing me its okay to wait until you are ready.”

“The most helpful piece of information was why and how to use protection.”

Nevada CHC Adolescent Patients (ages 14-19) Trend Data

CY2014 through CY2017⁴

24.5% increase in female patients

33% increase in male patients

28.32% overall increase

HOPEs had a 48.5% increase

PARTICIPANT DATA

♀ 98% of participants were female

🌐 68% were white and 18% black

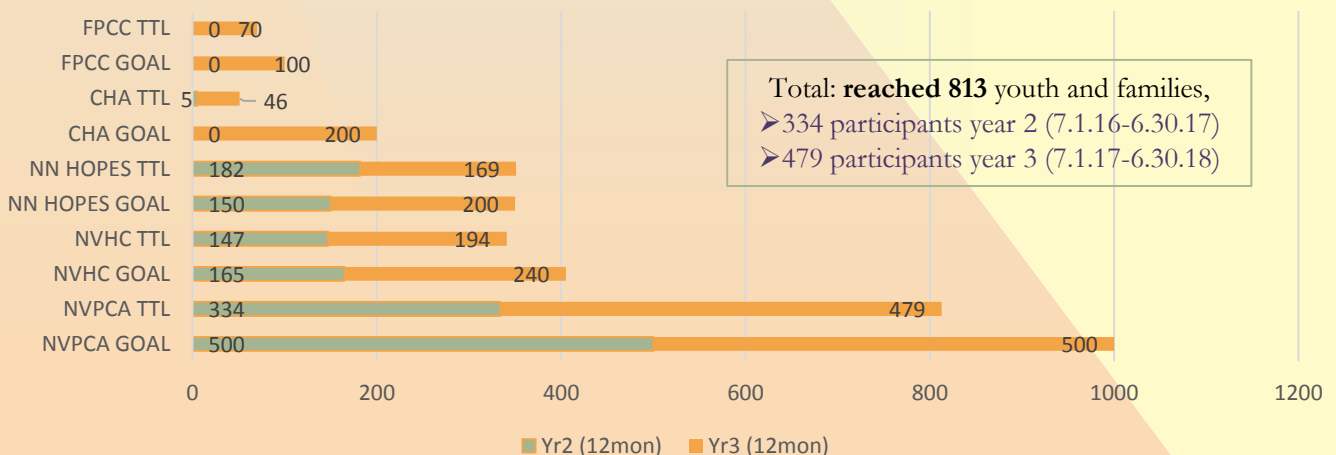
🏠 60% reported being Hispanic and 34% reported as Non-Hispanic

🌟 Adolescents served were mostly 15-16 years (26.5%), 11-12 years (23%), and 17-18 (13%)

All FTT participants were >19 years of age

🏠 Most adolescents are in 9-10th grade (32%), 11-12th grade (17%) and 7-8th grade (11%)

Nevada CHC TPP Participant Total Years 2 & 3



Sources: 1. National Vital Statistics Reports. January 31, 2018, <https://www.cdc.gov/nchs/products/nvsr.htm> Accessed April 2018.

2. National Conference of State Legislatures, Teen Pregnancy Prevention. March 12, 2018. <http://www.ncsl.org/research/health/teen-pregnancy-prevention.aspx> Accessed April 2018.

3. National Conference of State Legislatures, Teen Childbearing is Costly to Taxpayers. June 11, 2014. <http://www.ncsl.org/research/health/teen-childbearing-is-costly-to-taxpayers.aspx> Accessed April 2018. 4. Health Resource Service Administration (HRSA) BPHC Uniform Data System. <https://bphc.hrsa.gov/uds/datacenter.aspx?year=2017&state=NV> Accessed August 2018.



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